

LITERATURE.

REVIEW OF NEW BOOKS.

How not to die Sick. By Albert J. Ballows, M. D. Philadelphia Agents: J. B. Lippincott & Co. This work is designed as a sequel to "The Philosophy of Eating," by the same author, and it is designed to establish dietary principles which will suit all men under all circumstances, so that the functions of the body being properly regulated, the causes of disease will be removed. We do not suppose that Dr. Ballows contends that any system will succeed in banishing sickness from the human race, but there is no possible doubt that most of the bodily "ills that flesh is heir to" might be obviated by attention to diet, and its adaptation to the particular circumstances in which different individuals are placed. Dr. Ballows gives an analysis of the kind of food suited for thinking men, for laboring men, for sedentary people, rules with regard to what food should be eaten and how to eat it, and a great amount of information about dietary regulations in the case of particular complaints. The work is apparently founded on sound scientific principles, and is calculated to do good if those who read it will observe the rules laid down for their guidance.

—From J. B. Lippincott & Co. we have received "Casella, or the Children of the Valleys," by Martha Farquharson. Under the guise of a fiction the author gives an account of the religious persecutions of the Waldenses in the seventeenth century. While many of the characters are imaginary, the facts of history have been strictly adhered to, and the desire has been to give a faithful picture of the times and people.

—The following card from Messrs. J. B. Lippincott & Co., of this city, which appeared in the London *Illustrated* of January 10, explains itself:—

PHILADELPHIA, Jan. 1, 1869.—We beg leave to call the attention of English authors and publishers to the following statement of facts which concern them as well as ourselves. In accordance with our custom when republishing English books, it is possible, a special arrangement with the author, or otherwise to buy a portion of the profits resulting from the publication for his use, we entered into an agreement with Mr. Duke's publishers to print an American edition of his "Greater Britain." This was done in May, 1868, and immediately thereafter we made public announcement that the book was forthcoming. It was published in December. A few weeks previous to its appearance, however, and some days before we had secured from him the right to publish, the Messrs. Harper & Brothers also made public announcement that they were about to issue it. They had already secured the right to publish it, and as we became aware of their purpose, we informed them by letter of our arrangement with the author. The Messrs. Harper & Brothers, in their advertisement, and as a consequence, Mr. Duke's words, bear their imprint and offered an advance price, in fact, before the issue of our edition. The author's anticipated profits, so far as our own, will be precluded by a proceeding so directly in contravention of the courtesies of the trade, and so well calculated, if persisted in, to destroy the remuneration to which foreign authors are equitably entitled. We regret to say, pursued by the house in question on the appearance of Mr. Duke's "North American" and the announcement of the fact that which work was published by the Messrs. Harper & Brothers, we were obliged, of course, to prevent the author from receding the same, which otherwise would have secured to him from the edition published by us. As our object in making this communication is simply to place ourselves right before the public, we refrain from comment on the facts now presented. Whatever injury may result to English authors and publishers should such practices become the rule instead of the exception, the responsibility will not rest upon us.

J. B. LIPPINCOTT & CO.

THE PORTFOLIO WORKS OF CHARLES G. HALPINE (Miles O'Reilly). Edited by Robert B. Rosevelt. Philadelphia Agents: Claxton, Remsen & Haffelinger.

Without being able to coincide with the opinion of the editor of this volume, "that Charles G. Halpine was a great man, a brilliant genius, and an uncommon intellect," we can concede that he was a graceful versifier, with much real poetic perception, and the writer of some of the most effective lyrics called forth by the war. General Halpine was an excellent specimen of the educated Irish-American citizen. He was a wit and humorist, and a genial social companion who won the regards of all who came in contact with him. He threw himself heart and soul into the contest of the Rebellion, and he is probably entitled to the credit awarded him by his editor of having created an entire revolution of public sentiment on the negro enlistment question by his song entitled "Sambo's Right to be Killed." It is certain that the verses in question had a wonderful and most salutary effect both in and out of the army. As a poet, General Halpine will rank with but certainly not above Præd, of whom he frequently reminds us. He has the same ease of style and graceful fancy as Præd, and is superior to him in the qualities of wit and humor.

It is to be regretted that Mr. Rosevelt has omitted the "Miles O'Reilly" lyrics from his collection of Halpine's poems, as it was these that made the author's reputation, and upon them his fame will rest. Mr. Rosevelt contributes an eulogistic biography, but his ability to speak critically of the poems is somewhat doubtful; as, for instance, he refers to some of them as "love sonnets," when there is not a single sonnet of any kind in the book. Messrs. Harper & Brothers have issued the volumes in good style. A fine steel portrait of General Halpine is given as a frontispiece; the paper is good and the binding handsome.

CASE UP BY THE SEA. By Sir Samuel W. Baker, M. A., F. R. G. S. Philadelphia Agents: Harper & Brothers. Philadelphia Agents: Claxton, Remsen & Haffelinger. Sir Samuel Baker, the discoverer of the sources of the Nile, the geographical problem that had puzzled the world for centuries, has written this book for the benefit of his boyish admirers. He says in his preface that since the publication of "Albert Nyanza" and the "Nile Tributaries of Abyssinia," he has received numerous letters from boys, written in the juvenile enthusiasm of the moment after having shared the excitement of the African journeys. "Cast up by the Sea" is just such a book as will be devoured with eagerness by

most boys. An exciting notion, full of battles, wrecks, journeyings in distant lands, and hairbreadth escapes innumerable, is made the means of conveying a large amount of useful and accurate information. A number of excellent illustrations by Louis Huard adds to the attractiveness of the volume.

—From T. B. Peterson & Brothers we have received "The Bullion Dealer's Guide," by George W. Edelman, Deputy Treasurer, United States Assay Office, New York. This work is a series of tables designed for the use of dealers in bullion in making calculations with regard to the degrees of fineness of gold and silver, foreign coins, etc. The work is endorsed by the principal banking houses of New York, and those who buy and sell bullion will find it particularly useful. The tables are concise and well arranged, and will save an immense amount of intricate calculation to those who use them.

—From Smith, English & Co. we have received "Dr. Jacob," by M. Beutham Edwards. Published by Roberts Brothers, Boston. This interesting story is the second of Messrs. Roberts Brothers' "Haudy Volume Series." "Dr. Jacob" is a pleasant domestic tale of German life, and the admirers of good fiction will not appreciate it the less on account of the very neat and elegant style in which it is gotten up. It is handsomely printed, nicely bound, and is just the right size to slip in the pocket, and is published at the low price of one dollar in cloth, or seventy-five cents in paper covers.

—From Lindsay & Blackiston, No. 25 South Sixth street, we have received "Branthwaite's Retrospect" for January. This valuable compendium of medical science is issued half-yearly in this country simultaneously with the London edition. It embodies all the latest facts and discoveries in medical and surgical science, and its value is well known to the medical fraternity. The number before us contains a large number of able articles on practical medicine, surgery, and midwifery, and a number of papers on miscellaneous subjects are given in an appendix. A full index to the yearly volume is given. This work is useful to families, students, and amateurs, as well as members of the medical profession. The subscription price is \$2.50 to regular annual subscribers, who pay in advance of publication; the price of each part after publication is \$1.50.

—The *Little Corporal* for February has an attractive variety of stories, poems, and sketches which will please young readers. The editor gives an interesting account of how he came to start this enterprise. In 1855 he organized the "Army of the American Eagle," for the purpose of raising money for the last great Sanitary Fair to aid our sick and wounded soldiers. Over sixteen thousand dollars were raised by the sale at ten cents each of pictures of the veteran war eagle. At the close of his labors the editor found himself in correspondence with about twelve thousand children, and the idea occurred to him to keep up the pleasant connection by starting *The Little Corporal*. It is now proposed to make a number of improvements in the manner of conducting the magazine, while the general principles which have regulated its management from the beginning will be adhered to. Published by Alfred L. Sewell & Co., Chicago, Ill. Price \$1 a year.

—The *Pull Mail Gazette* says:—One of the most magnificent efforts of self-assurance ever made by weak woman is to be seen in Mrs. Burton's preface to her husband's book on Brazil, recently published. It deserves to be quoted separate and alone:—

"Before the reader dives into the interior of Brazil, with my husband as a medium, let me address two words to him. He is therefore late for me months' leave of absence, after three years in Brazil. One of the many commissions I am to execute for Captain Burton is to see the following pages through the press. It has been my privilege during those three years to have been in his almost constant companion; and I consider that to travel, write, read, and study under such a master is no small boon to any one desirous of seeing and learning. Although he frequently informs me, in a certain official way, that the Mexican can permit no equality with women, yet he has chosen me, his pupil, for this distinction, in preference to a more competent stranger. As long as there is anything difficult to do, a risk to be incurred, or any chance of improving the mind, and of educating oneself, I am a very faithful disciple; but I now begin to feel that, while he and his readers are old friends, I am lamely standing unknown in the shadow of his story. It is therefore time for me respectfully but firmly to assert that, although I proudly accept of the trust confided to me, and pledge myself not to avail myself of my discretionary powers to alter one word of the original text, I protest so emphatically against the religious and moral sentiments, which belie a good and chivalrous life. I point the finger of indignation particularly at what misrepresents our Holy Roman Catholic Church, and at what upholds that unchristian and repulsive law, by which the author is careful not to practise himself, but from a high moral pedestal preaches to the ignorant as a means of population in young countries. I am compelled to differ with him on many other subjects, but he understood, not in the common spirit of domestic jar, but with a mutual agreement to differ and enjoy our differences, whence points of interest never rise. Having now justified myself, and given a friendly warning to a fair or gentle reader—the rest must take care of themselves—I leave him or her to take through these anthropological canals and hidden rocks as best he or she may."

London Fogs and the Perils of London Streets.

The following striking picture appears in the *London Daily News* of the 4th ultimo:— "A London day such as yesterday brings evils home. About 12 o'clock, when I was in the high water of the river, I felt that it was not yellow, it was black. The lamps could hardly penetrate it; cats crawled along; well-known houses took new and peculiar shapes; a gray cloud came down and filled the streets from side to side, the motion of the traffic, however, seemed little affected by the fog. Big vans and wagons jostled along in their usual jaunty way. When these huge vehicles go slowly they are a nuisance, but not a danger; they hinder traffic, but do not hurt anybody; they kill time, but nothing else. Yet, when they go fast they are the most murderous enemies since the scythe chariots of the old world wars. We must admit that their horses are the best, but we are not fancy that the best point of view for admiring them is under their feet—though the public are too often forced to assume that ignominious attitude. 45 persons were killed in London last year in London. Express-trains have not to answer, as a rule, for anything

like the san annual loss of life. In the case of these vans, there is really no excuse; they ought to be in no hurry and when they are jostled, they ought to be simply to give the driver a careless, and think of the weight of his vehicle to crush some all rivals on wheels. The street traffic, as usual last season, has fallen in short of its aim."

The Music of the Spheres.

Hast thou not heard it, the universal melody? The throbbing harmony, the old eternal rhythm? In the wild wail warbling, In the mad torrent pouring, And keeping with the stars its beat and march about the sky?

Hast thou not heard it when the night was silent, And nothing stirred but winds amid the trees, And the star-orbits, strimes of harp celestial, Seemed quivering to the rush of melody?

Different Kinds of Commercial Travellers in the West.

A writer in the *Cleveland Leader* sketches the different classes of commercial travellers in the West:— "One-fourth of the travelling men are well entitled to the name of drummers. Representing for the most part small wholesale dealers, with little or no capital, who do business in the cities, a smaller class who are in country villages, the manufacturers of superfine articles, dealers in patent rights, etc., they are employed on the quantity of *bone* they are known to possess. This is really the most useless class of travelling men, for the pay only commands unskilled labor, and much of it is from a class which possess only the most rudimentary education, and ought never to have wandered out of sight of the smoke of their friends.

"Perhaps it is an overstatement in computing one-half the habitual travelling men as true commercial travellers, men who are educated business men and to be classed with the best practical business talent in the country. They are employed for their abilities and experience, and are depended upon largely to advance the prosperity of the house with which they are connected. They have, as it were, to control and give direction to a vast amount of capital, which they are expected to handle so as to make valuable returns. They must keep themselves informed of the various prices of goods, the influences that advance or decrease values, the condition of the money market, of the legislation that tends to unsettle values, of the character and responsibility of the numerous dealers to whom they sell, of the laws for the collection of debts, of the proper time to press or restrict sales, and much other knowledge that only experience and a well-cultivated mind can compass. Of course, the requirements vary according to the nature of the calling, some being more exacting and laborious than others, but all, or nearly all, being subject to the criticism of an experienced business head, delinquencies do not often pass unnoticed. A large portion of these travelling men ultimately are advanced, and become partners in their respective houses, and take high rank as accomplished and successful business men.

"The pay of travelling men varies from four hundred to twenty-five hundred dollars per year and expenses borne. The first class, representing large houses, seldom receive less than fifteen hundred dollars, and many times overreach the largest sum we have named. The price paid for 'guerrillas' varies greatly according to the interest they represent. The pay of drummers sometimes does not exceed two hundred dollars per year, and rarely exceeds one thousand.

"The chief support of country hotels is derived from travelling men, but in favored localities on main routes of travel hotel-keeping is a good business to the best houses. It would seem that every town of any importance ought to afford at least one good hotel, but this is by no means the case. The exception is the rule. The Western country has a number of them could be largely improved, and their charges, almost universally two dollars a day, are large enough to afford a good table and good beds. Their cookery falls below that found in respectable private houses, and sleeping accommodations are proportionately much worse.

"The necessary expenses of travel vary according to the length of the route between points of trade. They range from three and a half to six dollars per day, the larger sum being in the way of expenses on an extra baggage in the way of samples. Some are very expensive, but they are persons of a convivial turn, or resort to the questionable practice of treating to get trade. Some houses encourage the practice, but generally it is not countenanced. New Yorkers are usually the most expensive travellers, a habit no doubt resulting from living in the most extravagant city on the continent; but as a general thing they are very intelligent and practical men, companionable and pleasant travelling acquaintances."

Fallen Sovereigns.

At the moment when the Queen of Spain, who might so easily have retained her throne, is compelled to seek an exile, it cannot be uninteresting to mention the names of the princes who, within the last half century, by circumstances foreseen or unforeseen, by their own fault or in consequence of unwise resistance, by false calculations, or by some other cause, possibly suggested, have fallen from power or lost a portion of their authority. The great conqueror of the century, he who transmitted the French Republic into a sort of universal monarchy, Napoleon I. was thrown down definitely in 1815. His brothers, the Kings Jerome and Joseph, had already succumbed. Murat, King of Naples, disappeared soon after. Immediately upon being restored the Bourbon monarchy in Spain began to totter; it lost all its American colonies, which became republics, and Ferdinand VII. was kept on the throne only by the French expedition in 1823. In the following year took place the fall of Turbigo, Emperor of Mexico. The Sultan of Turkey was shortly afterwards deprived of Greece, which was proclaimed an independent monarchy on the 3d of February, 1830. In the same year fell the Bey of Algiers, and also Charles X. led on by M. de Polignac, the Ultras, the Legation and Clerical faction. The King of Holland, William I., was deposed on the 20th of August, and the deposition of the House of Orange-Nassau was proclaimed at Brussels. The Duke of Saxe-Coburg was, on the 7th of September, 1836, driven from his dominions by an insurrection. The Czar, at the same epoch, lost Poland for a time. In 1833, the too famous Don Miguel, King of Portugal, was compelled to abdicate. The crown of Donna Maria, daughter of Don Pedro, who retains the sovereignty of Brazil, Louis Philippe was sacrificed to the faults and obstinacy of M. Guizot. On the 13th of December, 1848, the Emperor Ferdinand I. of Austria had to abdicate, in order to avoid being expelled. At the epoch of the Revolution of 1848, King Louis Philippe was brought back to, and has since been supported at Rome only by French arms. Austria, for a short time, lost possession of Hungary. The King of Prussia, Frederick William IV., threatened all along from 1848, was

forced, on the 6th February, 1850, to take an oath to preserve the Prussian charter. In 1855 Nicholas I. died of vexation and wounded himself by a fall from his horse. He was stopped on the road to Constantinople. In 1856 the Duke of Modena, the Duchess of Parma, and the Grand Duke of Tuscany were struck out from the list of reigning princes. Shortly after, the Emperor of Hayti, was dethroned by the Emperor of Austria, who, in 1859, in the following year, Francis II., King of Naples, saw Garibaldi enter his capital on the 7th of September, and again another revolution was announced. Otto, King of the Hellenes, was driven from his throne by an insurrection in 1832. Three years later Prince Consort lost the quasi-sovereignty of Roumania. In 1860 the Emperor of Austria definitely gave up Venetia, the surrender of which may, perhaps, have saved the empire. In the same year Prussia overthrew the Elector of Hanover, Nassau, Brunswick, and Electoral Hesse, and Maximilian fell in Mexico.

"During all this lapse of time no constitutional monarchy has been disturbed—no revolution has taken place in England or in Sweden, where the yoke of despotic constraint in Belgium, the royal house has survived the storms of 1848; so in Portugal; in the United States no President has been overthrown with the exception of the Convention under Jefferson Davis, now engaged in the struggle for the independence of the Southern States. In the South American States have been on the other hand sent adrift, each alternately by the others. Such is a sketch of the downfall of monarchies within the last half century. Every reader will draw from it the conclusion which is most agreeable to his opinions, be they royalist or in favor of the popular cause. To reproach the latter, however, with so many vicissitudes, would be difficult.

"NO SONG, NO SUPPER."

The *Centinel* journal gives a curious will left by a rich, eccentric octogenarian named Stanislaus, the parts of which are in the hands of his nephew, Peter. After bequeathing pensions to all his old servants, and alms to the poor, he sets down an extraordinary clause instituting as his universal legatee M. Francois Lotz, Hungarian origin, and a notary by occupation in a little town near Vienna. But the testator annexes one condition:—"My property," he wrote, "will belong to M. Lotz when he shall have sung either at La Scala in Milan, or the San Carlo in Naples, and a notary by occupation in a little town near Vienna. I have this gentleman sing a cavatina from each of the operas with a beautiful tenor voice. Therefore, I believe him likely to become an excellent artist. In any case, if the public hives him he can console himself easily with three millions (3,000,000), which I leave him. M. Lotz is at Naples for the last month, preparing to carry out the wishes of the deceased. The notary is not forty, has a well-toned voice, and works night and day to learn as quickly as possible the parts of "Guireto," in the opera of that name, and that of "Elyno" in the *Sonambula*. I do not dispose of my wealth in this manner for the sake of being thought an original, but having been present four years ago at an evening party in Vienna, I heard this gentleman sing a cavatina from each of the operas with a beautiful tenor voice. Therefore, I believe him likely to become an excellent artist. In any case, if the public hives him he can console himself easily with three millions (3,000,000), which I leave him. M. Lotz is at Naples for the last month, preparing to carry out the wishes of the deceased. The notary is not forty, has a well-toned voice, and works night and day to learn as quickly as possible the parts of "Guireto," in the opera of that name, and that of "Elyno" in the *Sonambula*. 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